

RSHE BOOK LIST



Head to website - <https://amazingme.com.au/resources/> for Rowena's extensive reviews of books for all ages and categories of RSHE

EYFS & KS1

Consent & Body Boundaries

Any book by Jayneen Sanders! Such as: My Body: What I say goes!

Will Ladybug Hug? - Hillary Leung

Please don't give me a hug - Judi Morellion

Yes! No! - Megan Madison, Jessica Ralli & Isabel Roxas

Too Many Hugs - Yvonne Pearson

Rissy No Kissies - Katey Howes

Don't Touch My Hair - Sharee Miller

Miles is the boss of his body - Samantha Kurtzman-Counter and Abbie Schiller

Caring Relationships

Strictly No Elephants - Lisa Mantchev

Stick and Stone - Beth Ferry

The Big Umbrella - Amy June Bates

The Not So Friendly Friend - Christina Furnival

Family Diversity

All About Families - Felicity Brooks and Mar Ferrero

Who's In My Family? - Robie H Harris

Love Makes a Family - Sophie Beer



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KEY STAGE 1 & 2

Internet Safety

Chicken Clicking – Jeanne Willis and Tony Ross

The Nantucket Sea Monster – Darcy Pattison

PenguinPig – Stuart Spendlow

Troll Stinks – Jeanne Willis and Tony Ross

Goldiocks – Jeanne Willis and Tony Ross

Being Safe and Respectful Relationships (incl. consent)

Private Parts are Private – Jayneen Sanders

Don't Hug Doug – Carrie Finnison

Let's Talk About Body Boundaries, Consent and Respect –
Jayneen Sanders

My Early Warning Signs – Jayneen Sanders

Who's Bad, Who's Good Little Red Riding Hood?

Puberty and Hygiene

The Smelly Book – Babette Cole

Stinky Jack and the Beanstalk – Steven Smallman

Rapunzel, Rapunzel, Wash Your Hair! – Steven Smallman

When Mummy Laid an Egg – Babette Cole

How to Grow Up – Dr. Ranj

The (Nearly) Teenage Boy's Guide to (Almost) Everything
Dr. Sharie Coombes

The (Nearly) Teenage Boy's Guide to (Almost) Everything –
Dr. Sharoe Coombes

Where Willy Went – Nicholas Allen

Hair in Funny Places – Babette Cole

The Puberty Book – Wendy Darvill



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KEY STAGE 1 & 2

Caring Friendships

The Same but Different Too - Karl Newson

The Friendship Bench – Wendy Dedour

Mental Wellbeing

A Better Day: Your Positive Mental Health Handbook – Dr. Alex George

Find Your Happy – Emily Coxhead

Rabbityness (grief and loss) – Jo Empson

Black Dog – Levi Pinfold

Fierce Fragile Hearts – Sara Barnard

My Monster and Me – Nadiyah Hussein

The Colour Thief (depression, adult mental health)

Badger's Parting Gifts – Andrew Fusek Peters

Today I'm Strong – Nadiyah Hussein

The Invisible String – Patrice Karst

When I am Happy – Marie Paruit

Who Are You? – Smriti Halls and Ali Pye

Amazing Me, Amazing You – Christine McGuinness

Tiger Has a Tantrum – Sue Graves

The Problem With Problems - Rachel Rooney

You're Not Ugly Duckling – Steven Smallman

Snow White and the Very Angry Dwarf – Steven Smallman

Ruby's Worry – Tom Percival

The Huge Bag of Worries – Virginia Ironside



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KEY STAGE 1 & 2

Families and People Who Care for Me

We are Family – Lucy Reynolds and Jenna Herman

All Kinds of Families – Sophie Henn

We are Family – Ryan Wheatcroft

Hattie Peck – Emma Levey (adoption)

The Journey Home – Emma Levey

Room in the Nest/Delly Duck (fostering and adoption) – Holly Marlow

My Big, Fantastic Family – Adam and Charlotte Guillain

My Family, Your Family: Let's talk about relatives, love and belonging – Lura Henry Allain

Racial Identity (diversity and inclusion)

Young, Black and Gifted – Jamia Wilson

Standing up to Racism- Dr. Pragya Agarwal

What Does it Mean to be Global? – Rana DiOrio

All Are Welcome – Alexandra Penfold

My Skin, Your Skin, Let's Talk About Racism – Laura Henry Allain MBE

Welcome to Our World: A Celebration of of Children

Everywhere!- Moira Butterfield and Harriet Lynas

Grown: The Black Girls Guide to Glowing Up

Sunflower Sisters – Monika Singh Gangotra

Hair Harvest – Semona Nash

Being Unique

Shapesville - Andy Mills

It's OK to be Different - Todd Parr



KS1&2 list written by Rachel Burnell